University of Limerick, Plassey, Limerick,

Tel: +353 -61- 234296 Fax: +353 -61-202572 Email: info@lcea.ie

Top 10 Tips - Home Energy

- The Residential sector accounts for 24% of all energy consumed
- Energy consumption in houses will be energy labelled (similar to the fridge labels), from 1st January 2007, as part of the Energy Performance Buildings Directive
- The average household can cut their energy and emissions by 20%.
- Every household needs to reduce CO₂ emissions by 12 tonnes a year to meet our Kyoto Commitment.
- Fuel poverty is a real problem effecting over 10% of households
- For safety sake check you fire / smoke / monoxide alarms are installed and working.

Here are some ways we can SAVE energy, CO₂ emissions and MONEY.

No.	Action	Savings	Energy
1	Insulate – Attics to 250mm	9	Gv
2	Insulate – Walls (cavity or dry lining)-	25%	Heating
	Insulate – Water pipes & tank in attic		
	Heating System Efficiency –		
	Annual service of boiler	200/	II antima
	Separate heating zones for living & sleeping & hot water	30%	Heating
	Consider Renewables		
3	Heating System Control –	10%	Heating
	Use time & temperature control		
	Thermostats set no higher than 20° C. Reduce by 1° C to save 10% alone		
	Install Thermostatic Radiator Valves		
4	Hot Water System Efficiency –		
	Hot Water Cylinder Insulation – factory insulated 35mm min.	20%	Heating
	Use a cylinder with a rapid recovery / high efficiency coil	20%	Heating
	Consider a solar thermal panel & tank to supply up to 80% of HW		
5	Hot Water System Control		Heating
	Thermostat on cylinder no higher than 65° C.	20%	Reating &
	Use electric immersion at night, on a timer.	20 /0	Electricity
	Take showers in preference to baths.		Electricity
6	Cook up Some Savings		Heating
	Never put warm food in the fridge / freezer	10%	&
	Try to defrost naturally by planning ahead	10 /0	Electricity
	Cut food into smaller pieces and use lids on pots		Licetifeity
7	Clean Up Your Act		
	Carefully select the load size for your machine	10%	Electricity
	Use lower temperatures where possible (40° C)	10 / 0	Licetifeity
	Dry naturally, limit electric tumble dryer to a minimum		
8	Learn About Lighting		
	CFL bulbs use 20% of normal bulbs and last 3 times longer	20%	Electricity
	Use a presence and light control switch on outside lights	2070	Electricity
	Turn all lights off when you leave a room, including fluorescents.		
9	Appliance Answers		
	Always select A or A+ energy label equipment	20%	Electricity
	Don't leave appliances on stand by – no red light areas	2070	Electricity
	Recycle your appliance responsibly		
10	Water Conservation	10%	Heating
	Water is treated and pumped to you, this uses energy, use sparingly.		&
	Consider collecting rain water for garden and car wash	10/0	Electricity
	Use self-closing taps – don't run water while you wash.		Licenterty